Y9 Borland Lodge Gear List

<u>Required</u>

	Multiple changes (at least three) of clothing and underclothing to suit cold/wet weather and outdoor activities (MUST include wool or polypropylene – think thermal pants and top, as well as warm layers)
	Waterproof coat
_	Warm pyjamas
_	Pair of heavy shoes or boots suitable for hiking (good grip required)
_	Pair of gym shoes
	Pair of slippers or thick socks for indoor use
_	Lunch and drink for the first day
	Tea towel
	Day pack
	Drink bottle
	Sleeping bag
	Pillow case
	Toiletries (toothbrush, toothpaste, soap, shampoo, hair brush, sanitary needs)
	Two towels
	Personal medication if needed
	Sunscreen
	Sunhat
	Swimwear
	A positive attitude!
<u>Optional</u>	
	Insect repellent
	Home baking to share
	Book/Board games
	Plastic bags for wet or dirty clothing
	Torch
	Jandals for use in shower